

These programme regulations should be read in conjunction with the University's [core regulations for undergraduate programmes](#), and the [marking and classification conventions for undergraduate programmes](#).

BA Sport, Exercise and Physical Activity (C603)

BA Sport, Exercise and Physical Activity with Year Abroad (C605)

BA Sport, Exercise and Physical Activity with Placement Year (C609)

(For students entering from October 2020)

1. This programme is available at Durham City, in full-time and part-time modes of study.

Level 1 (Certificate)

2. Candidates shall study and be assessed in the following modules:

		Credit value
Critical Skills for Sport and Exercise Sciences#	SPRT1321	20
Introduction to Sport, Culture and Society#	SPRT1271	20

3. Candidates will also be assessed in modules to the value of 80 credits from List A.

List A:

		Credit value
Introduction to Sport and Exercise Psychology	SPRT1261	20
Introduction to Exercise Physiology	SPRT1281	20
Introduction to Physical Activity, Diet and Health	SPRT1311	20
Introduction to Sport and Exercise Industries	SPRT1331	20

One open module selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).

Level 2 (Diploma)

4. Candidates shall study and be assessed in the following modules:

		Credit value
Contemporary Research in Sport and Exercise Sciences#	SPRT2432	40
Sports Development#	SPRT2231	20
Sport, Crime and Deviance#	SPRT2291	20

5. Candidates shall also study and be assessed in modules to the value of 40 credits from List B.

List B:

		Credit value
Physical Activity and Health Psychology	SPRT2271	20
Nutrition for Sport and Health	SPRT2451	20
Sport, Health and the Environment	SPRT2441	20

One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).

In total, only 20 Level 1 credits may be taken at Level 2.

Level 3 (Degree)

6. Candidates shall study and be assessed in the following modules:

		Credit value
Dissertation ~	SPRT3172	40

Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	SPRT3221	20
Sport Policy in Action	SPRT3141	20

7. Candidates shall also study and be assessed in modules to the value of 40 credits from List C.

List C:		Credit value
Sport in the Community Placement	SPRT3201	20
Applied Sport Psychology	SPRT3191	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		

In total, only 20 Level 2 credits may be taken at Level 3.

Assessment, progression and award

8. Modules marked with a # must be passed at 40% or above in order to progress to the next Level of the Ordinary degree.
9. Modules marked with a ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.

Year Abroad

10. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) programme (C605). Students undertaking the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity with Year Abroad.
11. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) must:
- have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the honours or Ordinary programme, and;
 - during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences, and;
 - successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603) Honours programme.
12. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme, but must instead proceed to Level 3 of the BA Sport, Exercise and Physical Activity (C603) programme.

Placement Year

13. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) programme (C609). Students taking the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) will undertake an approved placement in a UK or overseas organisation consisting of at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience.

Following the placement year, students will be required to successfully complete a placement assessment as agreed by the Department, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). If a student fails, they will transfer to the BA Sport, Exercise and Physical Activity (C603) programme.

14. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) must:
 - a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the Honours or Ordinary programme; and
 - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) and have their application approved by the Chair of the Board of Studies; and
 - c. secure a placement / year abroad opportunity comprising at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience, agreed with the Departmental Placement Year Convenor and Faculty Placement Officer; and
 - d. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603).
15. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the placement assessment will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). Students who fail will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) programme, but must instead proceed to the final year of the BA Sport, Exercise and Physical Activity programme (C603).

BA Sport, Exercise and Physical Activity (C603)

BA Sport, Exercise and Physical Activity with Year Abroad (C605)

BA Sport, Exercise and Physical Activity with Placement Year (C609)

(For students entering in October 2019)

1. This programme is available at Durham City, in full-time and part-time modes of study.

Level 1 (Certificate)

2. Candidates shall study and be assessed in the following modules:

	Credit value
Sport, Culture and Society	SPRT1271 20
Critical Skills for Sport and Exercise Sciences#	SPRT1321 20
Introduction to Sport Psychology	SPRT1261 20
Introduction to Exercise Physiology	SPRT1281 20
Introduction to Physical Activity, Diet and Health	SPRT1311 20
One open module (20 credits), selected from either SPRT 1331 Introduction to Sport and Exercise Industries, or selection from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).	20

Level 2 (Diploma)

3. Candidates shall study and be assessed in the following modules:

	Credit value
Contemporary Research in Sport and Exercise Sciences#	SPRT2432 40

Sports Development#	SPRT2231	20
Sport, Crime and Deviance#	SPRT2291	20

4. Candidates shall also study and be assessed in modules to the value of 40 credits from List A.

List A:		Credit value
Physical Activity and Health Psychology	SPRT2271	20
Nutrition for Sport and Health	SPRT2451	20
Sport, Health and the Environment	SPRT2441	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		

In total, only 20 Level 1 credits may be taken at Level 2.

Level 3 (Degree)

5. Candidates shall study and be assessed in the following modules:

		Credit value
Dissertation ~	SPRT3172	40
Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	SPRT3221	20
Sport Policy in Action	SPRT3141	20

6. Candidates shall also study and be assessed in modules to the value of 40 credits from List B.

List B:		Credit value
Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	SPRT3221	20
Sport Policy in Action	SPRT3141	20
Sport in the Community Placement	SPRT3201	20
Exercise Programmes for Health and Performance	SPRT3151	20
Applied Sport Psychology	SPRT3191	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		

In total, only 20 Level 2 credits may be taken at Level 3.

Assessment, progression and award

7. Modules marked with a # must be passed at 40% or above in order to progress to the next Level of the Ordinary degree.
8. Modules marked with a ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.

Year Abroad

9. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) programme (C605). Students undertaking the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity with Year Abroad.
10. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) must:

- a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the honours or Ordinary programme, and;
 - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences, and;
 - c. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603) Honours programme.
11. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme, but must instead proceed to Level 3 of the BA Sport, Exercise and Physical Activity (C603) programme.

Placement Year

12. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) programme (C609). Students taking the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) will undertake an approved placement in a UK or overseas organisation consisting of at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience.

Following the placement year, students will be required to successfully complete a placement assessment as agreed by the Department, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). If a student fails, they will transfer to the BA Sport, Exercise and Physical Activity (C603) programme.

13. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) must:
- a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the Honours or Ordinary programme; and
 - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) and have their application approved by the Chair of the Board of Studies; and
 - c. secure a placement / year abroad opportunity comprising at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience, agreed with the Departmental Placement Year Convenor and Faculty Placement Officer; and
 - d. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603).
14. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the placement assessment will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). Students who fail will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) programme, but must instead proceed to the final year of the BA Sport, Exercise and Physical Activity programme (C603).

BA Sport, Exercise and Physical Activity (C603)

BA Sport, Exercise and Physical Activity with Year Abroad (C605)

BA Sport, Exercise and Physical Activity with Placement Year (C609)

(For students entering in October 2018 or earlier)

1. This programme is available at Durham City, in a full-time mode of study.

Level 1 (Certificate)

2. Candidates shall study and be assessed in the following modules:

		Credit value
Critical Skills for Sport and Exercise Sciences	SPRT1321	20
Introduction to Sport Psychology	SPRT1261	20
Sport, Culture and Society	SPRT1271	20
Introduction to Exercise Physiology	SPRT1281	20
Introduction to Physical Activity, Diet and Health	SPRT1311	20
One open module (20 credits), selected from either SPRT 1331 Introduction to Sport and Exercise Industries or selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		20

Level 2 (Diploma)

3. Candidates shall study and be assessed in the following modules:

		Credit value
Contemporary Research in Sport and Exercise Sciences #	SPRT2432	40

4. Candidates shall also study and be assessed in modules to the value of 80 credits from List A:

List A:		Credit value
Media, Sport and Society*	SPRT2311	20
Physical Activity and Health Psychology	SPRT2271	20
Advanced Sport and Exercise Physiology	SPRT2251	20
Sports Development	SPRT2231	20
Sport, Crime and Deviance	SPRT2291	20
Nutrition for Sport and Health	SPRT2451	20
Sport, Health & the Environment	SPRT2441	20
One open module (20 credits), selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

In total, only 20 Level 1 credits may be taken at Level 2.

Level 3 (Degree)

5. Candidates shall study and be assessed in the following modules:

		Credit value
Dissertation ~	SPRT3172	40

6. Candidates shall also study and be assessed in modules to the value of 80 credits from List B:

List B:		Credit value
Applied Sport Psychology	SPRT3191	20
Exercise Programmes for Health and Performance	SPRT3151	20
Sport Policy in Action	SPRT3141	20
Sport in the Community Placement	SPRT3201	20

Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	SPRT3221	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

In total, only 20 Level 2 credits may be taken at Level 3.

Assessment, progression and award

7. Modules marked with a # must be passed at 40% or above in order to progress to the next Level of the Ordinary degree.
8. Modules marked with a ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.
9. Modules marked with a * are not available in 2020-2021.

Year Abroad

10. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) programme (C605). Students undertaking the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity with Year Abroad.
11. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) must:
 - a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the honours or Ordinary programme, and;
 - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences, and;
 - c. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603) Honours programme.
12. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme, but must instead proceed to Level 3 of the BA Sport, Exercise and Physical Activity (C603) programme.

Placement Year

13. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) programme (C609). Students taking the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) will undertake an approved placement or placements in a UK or overseas organisation consisting of at least 24 weeks of professional-level work experience.

Following the placement year, students will be required to successfully complete a placement assessment as agreed by the Department, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and

Physical Activity (with Placement Year) (C609). If a student fails, they will transfer to the BA Sport, Exercise and Physical Activity (C603) programme.

14. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) must:
 - a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the Honours or Ordinary programme; and
 - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) and have their application approved by the Chair of the Board of Studies; and
 - c. secure a placement / year abroad opportunity or opportunities comprising at least 24 weeks of professional-level work experience, agreed with the Departmental Placement Year Convenor and Faculty Placement Officer; and
 - d. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603).
15. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the placement assessment will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). Students who fail will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) programme, but must instead proceed to the final year of the BA Sport, Exercise and Physical Activity programme (C603).