

These programme regulations should be read in conjunction with the University's [core regulations for undergraduate programmes](#), and the [marking and classification conventions for undergraduate programmes](#).

## **BA Sport, Exercise and Physical Activity (C603)**

## **BA Sport, Exercise and Physical Activity with Year Abroad (C605)**

## **BA Sport, Exercise and Physical Activity with Placement Year (C609)**

**(For students entering from October 2020)**

1. This programme is available at Durham City, in full-time and part-time modes of study.

### **Level 1 (Certificate)**

2. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Critical Skills for Sport and Exercise Sciences#	<a href="#">SPRT1321</a>	20
Introduction to Sport, Culture and Society#	<a href="#">SPRT1271</a>	20

3. Candidates will also be assessed in modules to the value of 80 credits from List A.

#### **List A:**

		<b>Credit value</b>
Introduction to Sport and Exercise Psychology	<a href="#">SPRT1261</a>	20
Introduction to Exercise Physiology	<a href="#">SPRT1281</a>	20
Introduction to Physical Activity, Diet and Health	<a href="#">SPRT1311</a>	20
Introduction to Sport and Exercise Industries	<a href="#">SPRT1331</a>	20

One open module selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).

### **Level 2 (Diploma)**

4. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Contemporary Research in Sport and Exercise Sciences#	<a href="#">SPRT2432</a>	40
Sports Development#	<a href="#">SPRT2231</a>	20
Sport, Crime and Deviance#	<a href="#">SPRT2291</a>	20

5. Candidates shall also study and be assessed in modules to the value of 40 credits from List B.

#### **List B:**

		<b>Credit value</b>
Physical Activity and Health Psychology	<a href="#">SPRT2271</a>	20
Nutrition for Sport and Health	<a href="#">SPRT2451</a>	20
Sport, Health and the Environment	<a href="#">SPRT2441</a>	20

One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).

In total, only 20 Level 1 credits may be taken at Level 2.

### **Level 3 (Degree)**

6. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Dissertation ~	<a href="#">SPRT3172</a>	40

Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	<a href="#">SPRT3221</a>	20
Sport Policy in Action	<a href="#">SPRT3141</a>	20

7. Candidates shall also study and be assessed in modules to the value of 40 credits from List C.

<b>List C:</b>		<b>Credit value</b>
Sport in the Community Placement	<a href="#">SPRT3201</a>	20
Applied Sport Psychology	<a href="#">SPRT3191</a>	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		

In total, only 20 Level 2 credits may be taken at Level 3.

### Assessment, progression and award

8. Modules marked with a # must be passed at 40% or above in order to progress to the next Level of the Ordinary degree.
9. Modules marked with a ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.

### Year Abroad

10. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) programme (C605). Students undertaking the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity with Year Abroad.
11. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) must:
- have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the honours or Ordinary programme, and;
  - during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences, and;
  - successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603) Honours programme.
12. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme, but must instead proceed to Level 3 of the BA Sport, Exercise and Physical Activity (C603) programme.

### Placement Year

13. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) programme (C609). Students taking the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) will undertake an approved placement in a UK or overseas organisation consisting of at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience.

Following the placement year, students will be required to successfully complete a placement assessment as agreed by the Department, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). If a student fails, they will transfer to the BA Sport, Exercise and Physical Activity (C603) programme.

14. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) must:
  - a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the Honours or Ordinary programme; and
  - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) and have their application approved by the Chair of the Board of Studies; and
  - c. secure a placement / year abroad opportunity comprising at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience, agreed with the Departmental Placement Year Convenor and Faculty Placement Officer; and
  - d. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603).
15. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the placement assessment will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). Students who fail will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) programme, but must instead proceed to the final year of the BA Sport, Exercise and Physical Activity programme (C603).

## **BA Sport, Exercise and Physical Activity (C603)**

## **BA Sport, Exercise and Physical Activity with Year Abroad (C605)**

## **BA Sport, Exercise and Physical Activity with Placement Year (C609)**

**(For students entering in October 2019)**

1. This programme is available at Durham City, in full-time and part-time modes of study.

### **Level 1 (Certificate)**

2. Candidates shall study and be assessed in the following modules:

	<b>Credit value</b>
Sport, Culture and Society	<a href="#">SPRT1271</a> 20
Critical Skills for Sport and Exercise Sciences#	<a href="#">SPRT1321</a> 20
Introduction to Sport Psychology	<a href="#">SPRT1261</a> 20
Introduction to Exercise Physiology	<a href="#">SPRT1281</a> 20
Introduction to Physical Activity, Diet and Health	<a href="#">SPRT1311</a> 20
One open module (20 credits), selected from either SPRT 1331 Introduction to Sport and Exercise Industries, or selection from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).	20

### **Level 2 (Diploma)**

3. Candidates shall study and be assessed in the following modules:

	<b>Credit value</b>
Contemporary Research in Sport and Exercise Sciences#	<a href="#">SPRT2432</a> 40

Sports Development#	<a href="#">SPRT2231</a>	20
Sport, Crime and Deviance#	<a href="#">SPRT2291</a>	20

4. Candidates shall also study and be assessed in modules to the value of 40 credits from List A.

<b>List A:</b>		<b>Credit value</b>
Physical Activity and Health Psychology	<a href="#">SPRT2271</a>	20
Nutrition for Sport and Health	<a href="#">SPRT2451</a>	20
Sport, Health and the Environment	<a href="#">SPRT2441</a>	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		

In total, only 20 Level 1 credits may be taken at Level 2.

### Level 3 (Degree)

5. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Dissertation ~	<a href="#">SPRT3172</a>	40
Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	<a href="#">SPRT3221</a>	20
Sport Policy in Action	<a href="#">SPRT3141</a>	20

6. Candidates shall also study and be assessed in modules to the value of 40 credits from List B.

<b>List B:</b>		<b>Credit value</b>
Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	<a href="#">SPRT3221</a>	20
Sport Policy in Action	<a href="#">SPRT3141</a>	20
Sport in the Community Placement	<a href="#">SPRT3201</a>	20
Exercise Programmes for Health and Performance	<a href="#">SPRT3151</a>	20
Applied Sport Psychology	<a href="#">SPRT3191</a>	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		

In total, only 20 Level 2 credits may be taken at Level 3.

### Assessment, progression and award

7. Modules marked with a # must be passed at 40% or above in order to progress to the next Level of the Ordinary degree.
8. Modules marked with a ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.

### Year Abroad

9. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) programme (C605). Students undertaking the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity with Year Abroad.
10. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) must:

- a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the honours or Ordinary programme, and;
  - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences, and;
  - c. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603) Honours programme.
11. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme, but must instead proceed to Level 3 of the BA Sport, Exercise and Physical Activity (C603) programme.

### **Placement Year**

12. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) programme (C609). Students taking the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) will undertake an approved placement in a UK or overseas organisation consisting of at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience.

Following the placement year, students will be required to successfully complete a placement assessment as agreed by the Department, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). If a student fails, they will transfer to the BA Sport, Exercise and Physical Activity (C603) programme.

13. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) must:
- a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the Honours or Ordinary programme; and
  - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) and have their application approved by the Chair of the Board of Studies; and
  - c. secure a placement / year abroad opportunity comprising at least 40 weeks (or at least 24 weeks in 2020/21) of professional-level work experience, agreed with the Departmental Placement Year Convenor and Faculty Placement Officer; and
  - d. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603).
14. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the placement assessment will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). Students who fail will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) programme, but must instead proceed to the final year of the BA Sport, Exercise and Physical Activity programme (C603).

## BA Sport, Exercise and Physical Activity (C603)

## BA Sport, Exercise and Physical Activity with Year Abroad (C605)

## BA Sport, Exercise and Physical Activity with Placement Year (C609)

(For students entering in October 2018 or earlier)

1. This programme is available at Durham City, in a full-time mode of study.

### Level 1 (Certificate)

2. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Critical Skills for Sport and Exercise Sciences	<a href="#">SPRT1321</a>	20
Introduction to Sport Psychology	<a href="#">SPRT1261</a>	20
Sport, Culture and Society	<a href="#">SPRT1271</a>	20
Introduction to Exercise Physiology	<a href="#">SPRT1281</a>	20
Introduction to Physical Activity, Diet and Health	<a href="#">SPRT1311</a>	20
One open module (20 credits), selected from either SPRT 1331 Introduction to Sport and Exercise Industries or selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules to the value of 20 credits offered by the Centre for Foreign Language Study).		20

### Level 2 (Diploma)

3. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Contemporary Research in Sport and Exercise Sciences #	<a href="#">SPRT2432</a>	40

4. Candidates shall also study and be assessed in modules to the value of 80 credits from List A:

<b>List A:</b>		<b>Credit value</b>
Media, Sport and Society*	<a href="#">SPRT2311</a>	20
Physical Activity and Health Psychology	<a href="#">SPRT2271</a>	20
Advanced Sport and Exercise Physiology	<a href="#">SPRT2251</a>	20
Sports Development	<a href="#">SPRT2231</a>	20
Sport, Crime and Deviance	<a href="#">SPRT2291</a>	20
Nutrition for Sport and Health	<a href="#">SPRT2451</a>	20
Sport, Health & the Environment	<a href="#">SPRT2441</a>	20
One open module (20 credits), selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

In total, only 20 Level 1 credits may be taken at Level 2.

### Level 3 (Degree)

5. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Dissertation ~	<a href="#">SPRT3172</a>	40

6. Candidates shall also study and be assessed in modules to the value of 80 credits from List B:

<b>List B:</b>		<b>Credit value</b>
Applied Sport Psychology	<a href="#">SPRT3191</a>	20
Exercise Programmes for Health and Performance	<a href="#">SPRT3151</a>	20
Sport Policy in Action	<a href="#">SPRT3141</a>	20
Sport in the Community Placement	<a href="#">SPRT3201</a>	20

Advanced Sociological Perspectives on Sport, Exercise and Physical Activity	<a href="#">SPRT3221</a>	20
One open module selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

In total, only 20 Level 2 credits may be taken at Level 3.

### Assessment, progression and award

7. Modules marked with a # must be passed at 40% or above in order to progress to the next Level of the Ordinary degree.
8. Modules marked with a ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.
9. Modules marked with a \* are not available in 2020-2021.

### Year Abroad

10. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) programme (C605). Students undertaking the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and Physical Activity with Year Abroad.
11. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) must:
  - a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the honours or Ordinary programme, and;
  - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences, and;
  - c. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603) Honours programme.
12. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Year Abroad) (C605) programme, but must instead proceed to Level 3 of the BA Sport, Exercise and Physical Activity (C603) programme.

### Placement Year

13. Students admitted to the BA Sport, Exercise and Physical Activity (C603) are able to apply to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) programme (C609). Students taking the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) will undertake an approved placement or placements in a UK or overseas organisation consisting of at least 24 weeks of professional-level work experience.

Following the placement year, students will be required to successfully complete a placement assessment as agreed by the Department, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BA Sport, Exercise and



Physical Activity (with Placement Year) (C609). If a student fails, they will transfer to the BA Sport, Exercise and Physical Activity (C603) programme.

14. Candidates wishing to transfer to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) must:
  - a. have successfully completed Level 1 of the BA Sport, Exercise and Physical Activity (C603) and progressed to Level 2 of the Honours or Ordinary programme; and
  - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) and have their application approved by the Chair of the Board of Studies; and
  - c. secure a placement / year abroad opportunity or opportunities comprising at least 24 weeks of professional-level work experience, agreed with the Departmental Placement Year Convenor and Faculty Placement Officer; and
  - d. successfully complete Level 2 of the BA Sport, Exercise and Physical Activity (C603) so as to be eligible to progress to Level 3 of the BA Sport, Exercise and Physical Activity (C603).
15. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the placement assessment will continue to Level 3 of the BA Sport, Exercise and Physical Activity (with Placement Year) (C609). Students who fail will not be permitted to continue on the BA Sport, Exercise and Physical Activity (with Placement Year) (C609) programme, but must instead proceed to the final year of the BA Sport, Exercise and Physical Activity programme (C603).