

These programme regulations should be read in conjunction with the University's [core regulations for undergraduate programmes](#), and the [marking and classification conventions for undergraduate programmes](#).

BSc Sport and Exercise Sciences (C606)

BSc Sport and Exercise Sciences with Year Abroad (C607)

BSc Sport and Exercise Sciences with Placement Year (C608)

1. This programme is available at Durham City, in full-time and part-time modes of study.

Level 1 (Certificate)

2. Candidates shall study and be assessed in the following modules:

		Credit value
Academic Skills for Sport and Exercise Sciences #	SPRT1321	20
Introduction to Sport and Exercise Psychology #	SPRT1261	20
Introduction to Anatomy and Exercise Physiology #	SPRT1281	20
Introduction to Physical Activity, Diet and Health #	SPRT1311	20

3. Candidates shall also study and be assessed in modules to the value of 40 credits from List A.

List A:

		Credit Value
Introduction to Sociology of Sport	SPRT1271	20
Introduction to Sport and Exercise Industries	SPRT1331	20
20 credits of modules selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

Level 2 (Diploma)

4. Candidates shall study and be assessed in the following modules:

		Credit value
Research Skills for Sport and Exercise Sciences#	SPRT2432	40
Advanced Sport and Exercise Physiology#	SPRT2251	20
Advanced Sport and Exercise Psychology#	SPRT2271	20

5. Candidates shall also study and be assessed in modules to the value of 40 credits from List B:

List B:

		Credit value
Nutrition for Sport and Health	SPRT2451	20
Sport, Health and the Environment	SPRT2441	20
Sports Development	SPRT2231	20
Advanced Sociology of Sport	SPRT2461	20
20 credits of modules selected from Undergraduate programmes offered elsewhere in the Department of Sport and Exercise Sciences or by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

Level 3 (Degree)

6. Candidates shall study and be assessed in the following modules:

		Credit value
Independent Research Project ~	SPRT3172	40
Applied Exercise Physiology in Sport and Health	SPRT3151	20
Applied Sport and Exercise Psychology	SPRT3191	20

7. Candidates shall also study and be assessed in modules to the value of 40 credits from List C:

List C:		Credit value
Active Communities: Placement	SPRT3201	20
Applied Sociology of Sport	SPRT3231	20
Sport Policy in Action *	SPRT3141	20
Futures in Sport, Exercise and Health	SPRT3241	20
Physical Activity, Sport and Inequalities	SPRT3251	20
20 credits of modules selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

In total, only 20 Level 2 credits may be taken at Level 3.

Assessment, progression and award

8. Modules marked with # must be passed at 40% or above in order to progress to the next level of study.
9. Modules marked with ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.
10. Modules marked with * are not running in academic year 2025-26.

Year Abroad

11. Students admitted to the BSc Sport and Exercise Sciences (C606) are able to apply to transfer to the BSc Sport and Exercise Sciences (with Year Abroad) programme (C607). Students undertaking the BSc Sport and Exercise Sciences (with Year Abroad) (C607) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BSc Sport and Exercise Sciences (with Year Abroad).
12. Candidates wishing to transfer to the BSc Sport and Exercise Sciences (with Year Abroad) (C607) must:
 - a. have successfully completed Level 1 of the BSc Sport and Exercise Sciences (C606) and progressed to Level 2 of programme, and;
 - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BSc Sport and Exercise Sciences (with Year Abroad) (C607) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences;
 - c. successfully complete Level 2 of the BSc Sport and Exercise Sciences (C606) so as to be eligible to progress to Level 3 of the BSc Sport and Exercise Sciences (C606) programme.
13. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BSc Sport and Exercise Sciences (with Year Abroad) (C607). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BSc Sport and Exercise Sciences (with Year Abroad) (C607) programme, but must instead proceed to Level 3 of the BSc Sport and Exercise Sciences (C606) programme.

Placement Year

14. Students admitted to the BSc Sport and Exercise Sciences (C606) are able to apply to transfer to the BSc Sport and Exercise Sciences (with Placement Year) programme (C608). Students taking the BSc Sport and Exercise Sciences (with Placement Year) (C608) will undertake an approved placement or placements in a UK or overseas organisation consisting of at least 40 weeks of professional-level work experience.

During the placement year, students will be required to successfully complete the placement assessments as outlined in the Faculty Placement Year Module [FSOC3099](#), to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BSc Sport and Exercise Sciences (with Placement Year) (C608). If a student fails, they will transfer to the BSc Sport and Exercise Sciences (C606) programme.

15. Candidates wishing to transfer to the BSc Sport and Exercise Sciences (with Placement Year) (C608) must:
 - a. have successfully completed Level 1 of the BSc Sport and Exercise Sciences (C606) and progressed to Level 2 of the programme; and
 - b. secure a placement year opportunity or opportunities comprising at least 40 weeks of professional-level work experience, approved by the Departmental Placement Year Convenor and Faculty Placement Manager; and
 - c. successfully complete Level 2 of the BSc Sport and Exercise Sciences (C606) so as to be eligible to progress to Level 3 of the BSc Sport and Exercise Sciences (C606).
16. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the three required on-placement assessments will continue to Level 3 of the BSc Sport and Exercise Sciences (with Placement Year) (C608). Students who fail will not be permitted to continue on the BSc Sport and Exercise Sciences (with Placement Year) (C608) programme, but must instead proceed to the final year of the BSc Sport and Exercise Sciences programme (C606).