

These programme regulations should be read in conjunction with the University's [core regulations for undergraduate programmes](#), and the [marking and classification conventions for undergraduate programmes](#).

### **BSc Sport and Exercise Sciences (C606)**

### **BSc Sport and Exercise Sciences with Year Abroad (C607)**

### **BSc Sport and Exercise Sciences with Placement Year (C608)**

1. This programme is available at Durham City, in full-time and part-time modes of study.

#### **Level 1 (Certificate)**

2. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Academic Skills for Sport and Exercise Sciences #	<a href="#">SPRT1321</a>	20
Introduction to Sport and Exercise Psychology #	<a href="#">SPRT1261</a>	20
Introduction to Anatomy and Exercise Physiology #	<a href="#">SPRT1281</a>	20
Introduction to Physical Activity, Diet and Health #	<a href="#">SPRT1311</a>	20

3. Candidates shall also study and be assessed in modules to the value of 40 credits from List A.

<b>List A:</b>		<b>Credit Value</b>
Introduction to Sociology of Sport	<a href="#">SPRT1271</a>	20
Introduction to Sport and Exercise Industries	<a href="#">SPRT1331</a>	20
20 credits of modules selected from Undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

#### **Level 2 (Diploma)**

4. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Research Skills for Sport and Exercise Sciences #	<a href="#">SPRT2432</a>	40
Advanced Sport and Exercise Physiology #	<a href="#">SPRT2251</a>	20
Advanced Sport and Exercise Psychology #	<a href="#">SPRT2271</a>	20

5. Candidates shall also study and be assessed in modules to the value of 40 credits from List B:

<b>List B:</b>		<b>Credit value</b>
Nutrition for Sport and Health	<a href="#">SPRT2451</a>	20
Sport, Health and the Environment	<a href="#">SPRT2441</a>	20
Sports Development	<a href="#">SPRT2231</a>	20
Advanced Sociology of Sport	<a href="#">SPRT2461</a>	20
20 credits of modules selected from Undergraduate programmes offered elsewhere in the Department of Sport and Exercise Sciences or by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

#### **Level 3 (Degree)**

6. Candidates shall study and be assessed in the following modules:

		<b>Credit value</b>
Independent Research Project ~	<a href="#">SPRT3172</a>	40
Applied Exercise Physiology in Sport and Health	<a href="#">SPRT3151</a>	20
Applied Sport and Exercise Psychology	<a href="#">SPRT3191</a>	20

7. Candidates shall also study and be assessed in modules to the value of 40 credits from List C:

<b>List C:</b>		<b>Credit value</b>
Active Communities: Placement	<a href="#">SPRT3201</a>	20
Applied Sociology of Sport	<a href="#">SPRT3231</a>	20
Sport Policy in Action *	<a href="#">SPRT3141</a>	20
Futures in Sport, Exercise and Health	<a href="#">SPRT3241</a>	20
Physical Activity, Sport and Inequalities	<a href="#">SPRT3251</a>	20
20 credits of modules selected from undergraduate programmes offered by another Board of Studies (including appropriate credit-bearing language modules offered by the Centre for Foreign Language Study).		20

### **Assessment, progression and award**

8. Modules marked with # must be passed at 40% or above in order to progress to the next level of study.
9. Modules marked with ~ must be passed at 40% or above for the award of an honours degree. A mark of 30 – 39% cannot be compensated.
10. Modules marked with \* are not running in academic year 2026-27.

### **Year Abroad**

11. Students admitted to the BSc Sport and Exercise Sciences (C606) are able to apply to transfer to the BSc Sport and Exercise Sciences (with Year Abroad) programme (C607). Students undertaking the BSc Sport and Exercise Sciences (with Year Abroad) (C607) programme will undertake an approved study placement in an overseas university taking a course of study chosen in consultation with the programme director and the host institution. During the year abroad students will be assessed at module level by the host University. Assessment does not contribute to the marks used to determine the award of the degree but successful completion is required to qualify for the BSc Sport and Exercise Sciences (with Year Abroad).
12. Candidates wishing to transfer to the BSc Sport and Exercise Sciences (with Year Abroad) (C607) must:
  - a. have successfully completed Level 1 of the BSc Sport and Exercise Sciences (C606) and progressed to Level 2 of programme, and;
  - b. during the first term of Level 2 study, apply to the Board of Studies in the Department of Sport and Exercise Sciences to be admitted to the BSc Sport and Exercise Sciences (with Year Abroad) (C607) and have their application approved by the Chair of the Board of Studies in the Department of Sport and Exercise Sciences;
  - c. successfully complete Level 2 of the BSc Sport and Exercise Sciences (C606) so as to be eligible to progress to Level 3 of the BSc Sport and Exercise Sciences (C606) programme.
13. Students who the Board of Examiners for the Department of Sport and Exercise Sciences deem to have made satisfactory progress on the year abroad will continue to Level 3 of the BSc Sport and Exercise Sciences (with Year Abroad) (C607). Students who have not made satisfactory progress on the year abroad will not be permitted to continue on the BSc Sport and Exercise Sciences (with Year Abroad) (C607) programme, but must instead proceed to Level 3 of the BSc Sport and Exercise Sciences (C606) programme.

### **Placement Year**

14. Students admitted to the BSc Sport and Exercise Sciences (C606) are able to apply to transfer to the BSc Sport and Exercise Sciences (with Placement Year) programme (C608). Students taking the BSc Sport and Exercise Sciences (with Placement Year) (C608) will undertake an approved placement or placements in a UK or overseas organisation consisting of at least 40 weeks of professional-level work experience.

During the placement year, students will be required to successfully complete the placement assessments as outlined in the Faculty Placement Year Module FSOC3099, to determine whether the programme learning outcomes have been met. Assessment does not contribute to the marks

used to determine the award of the degree but successful completion is required to qualify for the BSc Sport and Exercise Sciences (with Placement Year) (C608). If a student fails, they will transfer to the BSc Sport and Exercise Sciences (C606) programme.

15. Candidates wishing to transfer to the BSc Sport and Exercise Sciences (with Placement Year) (C608) must:
  - a. have successfully completed Level 1 of the BSc Sport and Exercise Sciences (C606) and progressed to Level 2 of the programme; and
  - b. secure a placement year opportunity or opportunities comprising at least 40 weeks of professional-level work experience, approved by the Departmental Placement Year Convenor and Faculty Placement Manager; and
  - c. successfully complete Level 2 of the BSc Sport and Exercise Sciences (C606) so as to be eligible to progress to Level 3 of the BSc Sport and Exercise Sciences (C606).
16. Students whom the Board of Examiners for the Department of Sport and Exercise Sciences deem to have fulfilled the programme learning outcomes and who successfully pass the three required on-placement assessments will continue to Level 3 of the BSc Sport and Exercise Sciences (with Placement Year) (C608). Students who fail will not be permitted to continue on the BSc Sport and Exercise Sciences (with Placement Year) (C608) programme, but must instead proceed to the final year of the BSc Sport and Exercise Sciences programme (C606).